



# Rachel's Run

180 Middlesex Rd. Tyngsboro, MA  
(Academy of Notre Dame)

**Saturday, November 19, 2022**

8 AM Registration - 9:15 AM Community Walk  
9:45AM Community Run (3 miles)

USATF Cross Country Series  
Women's Race will start at 10:45AM  
Men's Race will start at 11:45PM



## OFFICIAL REGISTRATION FORM

Please fill out this form completely. Applications can be sent to 38 Linwood St. Chelmsford, MA 01824 or register at <https://www.gllr.net/rachels-run/> (event landing page which has a link to register). Checks should be made payable to the "Academy of Notre Dame" (with Rachel Morrison Scholarship Fund in the memo section of the check). You can also bring this form with cash or check on the day of the run/walk. All money raised from this event will benefit the Rachel Morrison Scholarship Fund and will be used to promote young women pursuing a degree in science. One person per registration form.

*Please note: In order to comply with insurance requirements: strollers, baby carriages, or pets are not allowed in the race or walk.*

Run registration fees are \$30.00 per person prior to the day of event and walk registration fees are \$25.00 per person. These fees increase by \$5.00 if registering on the day of event.

I am registering for the Community Race \_\_\_\_\_ Walk \_\_\_\_\_ Enclosed \$ \_\_\_\_\_  
I am registering for the USATF Cross Country Race USATF Number \_\_\_\_\_ USATF Team Name \_\_\_\_\_  
I would like to make an additional donation to the Academy of Notre Dame,  
Rachel Morrison Scholarship Fund Enclosed \$ \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_  
First: \_\_\_\_\_ MI: \_\_\_\_\_ Last: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
E-Mail: \_\_\_\_\_

Age on Date of Event: \_\_\_\_\_  
Shirt Size: Small Medium Large Extra Large

(Size not guaranteed, adult sizes only available)

In consideration for this entry being accepted, I, and on behalf of my heirs, executors and assigns, do forever release the Academy of Notre Dame, volunteers, the City of Tyngsboro, and any others associated with this event from any claims whatsoever resulting from my participation in this event. I understand the risks associated with this event. I attest that I am physically fit to participate in this event. I grant full permission for the organizers to use photographs of me in legitimate accounts and promotions of this event. I authorize the Rachel Morrison Scholarship Fund to send me e-mail messages and advertisements pertaining to past and future races and walks and to other Rachel Morrison Scholarship Fund News.

\_\_\_\_\_  
Parent or guardian's signature if under 18 years of age

\_\_\_\_\_  
Applicant's signature