

Greater Lowell Awards Night Guest Speaker Pete Pfitzinger Sings the Praises of GLRR

In March, GLRR held its combination Awards Night, Pasta Dinner and Monthly Meeting. The cost for this extravaganza was \$2.00 (cheap).

The guest speaker for ≩ the evening was U.S. **Olympic Team** member Pete Pfitzinger, who proved once and for all, that

although he may have a future as a song writer, he should not discard those New Balance perks for a singing career.

GLRR Racing Team Manager Dave Dunham presented awards to those members who competed in three or more N.E.A.C. races during 1990.



Coach Jesse Harris receives an appreciation award from Kevin Bevis for all his excellent work with the juniors' team.

Greater Lowell Junior Runners



Members of the Greater Lowell Juniors' team were recognized for their achievements at this year's Awards Night.



Above left: Pete Pfitzinger entertains the audience at the GLRR Awards Night.

Above: Dave Dunham (right) presents the

Participating in at least 3 events: Peg Donovan, Doug DeAngelis, Dave Audet, Lance Burgess, Phil Riley, Don Richardson, Tim Tiches, Mary Tiches, Denny LeBlanc, Craig Mercier, Maureen Sullivan, Joe Vail, Bob Bassett and Ernie Roy.

Participating in at least 4 events: Ed Pancoast, Will Mason, Tom Foltz, Mike Woodman, Rachid Tbahi, Paul Ducey, Max Ward, John Holmes and John Meehan.

Participating in at least 5 events: Brad

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Annual Meeting Notice

Election of GLRR board members and officers will be held at the Annual Meeting on June xx at the Knickerbocker Club in Lowell. Nominations will be accepted at the May club meeting and on election night. All GLRR members are urged to attend and vote.

Starting LINES

"Numbers in the Bag --7 to Go"

Yes, folks, it that time again. Time for this year's version of the GLRR Two Mile Series. GLRR, in conjunction with SutMac Racing Enterprises, proudly present the 1991 Two Mile Series.

All events will be held on the track at Cawley Memorial Stadium, on Douglas Road in Lowell. It's free and open to the public, and all events begin at 6:15 P.M., sharp. To qualify for the Championships, you must have run in at least two prior events. The schedule is as follows:

July 10 - Week #1 4 heats of 2 miles each.

July 17 - Week #2 4 heats of 2 miles each.

July 24 - Week #3 4 heats of 2 miles each and Men's Masters Mile (40 years of age and older).

July 31 - Week #4 4 heats of 2 miles each and Boy's Mile Run (18 years of age and under). August 7 - Week #5 4 heats of 2 miles each and Boy's & Girl's Half-Mile Run (14 years of age and under).

August 14 - Week #6 4 heats of 2 miles each and Women's Open Mile (15 years of age and older).

August 21 - Week #7 4 heats of 2 miles each and Men's Open Mile (19 to 39 years of age).

August 28 - Week #8 4 heats of 2 miles each and the Two Mile Series Championships.

For further information, contact SutMac Racing Enterprises at (508) 851-6783 (Sut), or (508) 957-4456 (Mac). Be there; Aloha. - Jay McCarthy

thoto Jay McCatthy

Who's Who in Green

Meet Don Richardson

Residence: Marlboro Age: 41 Occupation: Principal Engineer --Wang Years in Club: 1 Favorite Road Race: Newburyport 10-Miler Most Memorable Running Achievement: Running my first 10KM race (Nashua -- last Spring) Some of the Things You Would Like to See the Club do in the Future: GLRR has so many activities already that I do not attend, I can not think of any new ones at all.

Awards continued

Hurst, Stoddard Melhado, Doug MacGregor, Ken Whitcomb, George Bisson, Bill Smith, Dave Dunham, Don Alvey, Gary Wallace, Jean Boswell, Karen Rapallo, Berna Finley, Babs Kimball, Tom Amiro and Cooky Graves.

Participating in at least 6 events: Don Lambert, Bob Hall and Nils Granquist.

And (drum roll, please), participating in all 7 Grand Prix events: Dave Camire and Tom Carroll. Gentlemen, seek professional help.

Congratulations go to Jean Boswell and her staff of expert chefs who prepared the various pasta dishes. Actually, no complaints were uttered, except by Bill Mahoney who felt the dance floor was too small. Trouble is, there was no music. Bill, perhaps you should join Dave and Tom for a session or two. -Jay McCarthy

NEAC 10-Mile Championship

Male Open 1. CMS, 2. GLRR, 3. CSU, 4. FB, 5. BAA, 6. TVFR, 7. NMC, 8. GBTC Female Open 1. CMS, 2. CSU, 3. GBTC, 4. GLRR, 5. LAC Male Masters 1. GLRR, 2. CMS, 3. CSU, 4. BAA, 5. TFVR, 6. NMC Female Masters 1. CSU, 2. LAC, 3. CMS, 4. GBTC, 5. GLRR Male Seniors 1. BAA, 2. CMS, 3. GLRR, 4. SMAC Female Seniors 1. GLRR

 Top Five *

 New England Clubs

 1. CMS
 .43

 2. GLRR
 40

 3. CSU
 39

 4. BAA
 30

 5. TVFR
 13

Based on point totals from NEAC Half- Marathon and 10 Miler.

Runners Prayer

GLRR member Walter Kane writes: "Believe it or not, the below (prayer?, poem?, nursery rhyme?) was composed in the course of running the 95th BAA Marathon last Monday. It helped me take my mind off the "fun". Someone up there must have been listening as I finished a half hour faster than my previous best. I thought you might get a kick out of it."

"Dear Lord,

Help me to be a runner today, Give me strength and good speed all the way, Let me give it may all without hitting the wall, And I'll clean up my act, I must say."

Welcome to Our Newest Members

Andover -- Stephen Argereow, Brookline -- Elaine Pechow, Burlington -- Jon Schaufus, Chelmsford -- Richard Bagley, Dracut -- Ronald Laine, Groton -- Kristen Peterson, Hudson -- Debbie Rich, Lowell -- Edward Deyton, Kathy Kirane, Stephen Beckwith, Plaistow, NH -- Philip Guardella, Somerville --Khalid Karovani, Tewksbury -- Nora Hannafin, Michael Hannafin, Wayne Perrault

CORRECTION: In the last edition of *Starting Lines* I inadvertently referred to Dorothy Febbi as "Deb" Febbi in reporting the results of the Twosome Race. The staff of *Starting Lines* and myself personally apologize for any inconvenience and hardship this error may have caused you, Donna. - Jay McCarthy

Call the GLRR Hotline

For the latest Running News

508/452-9426

Sumitive S Prisoners of their Sport



Seen breaking out of the Old Colony Correctional Facility in Bridgewater are GLRR members Bill Gibney (#352) and Don Delery (#357). Actually, they participated in last November's marathon held inside the walls of the "Big House". Bill and Don ran 3:42:38 and 3:42:58 respectively. Nice to see you made it back, guys.

Steve Grande's 50/50

GLRR member Steve Grande has informed me that he is attempting to run a marathon in every state of the union. In the Music City Marathon (Nashville), Steve reports that another GLRR member, Dave Audet, finished 3rd overall and 1st in his age division out of 266 entrants on a hot and very hilly course with a 2:47:29. Just edging out Dave were the Judds (Naomi and Winona), in that order. Steve, running with flu symptoms, had a disappointing but respectable 3:35.

If anyone is interested in running Grandma's Marathon in June, or meeting Grandma herself, please contact Steve at (603) 893-0039.

Oh, by the way Steve; you <u>did</u> know that Sri Lanka and The Falkland Islands have been admitted to the union as the 51st and 52nd states. Better pack your bags, 'bro.

- Jay McCarthy

FOR SALE

Women's Asics Gel Exult. Size 9 1/2 in excellent condition; only about 100 miles on the tread. Cost \$60, but willing to sacrifice for \$30. Call Eileen at (508) 251-9871 and leave a message.

May Meeting Change

The May monthly club meeting will be held on TUESDAY May 28. The meeting is being switch from Monday due to Memorial Day. The meeting will begin at 7:30 pm at the Knickerbocker A.C. in Lowell. Bring a friend!

Support Your Team at the NEAC JOKM PERMIT NO. 40 LOWELL, MA 01853 E2810 AM ,II9WOJ **DIA9** U.S. POSTAGE

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-GLRR Events Calendar

Through June 26

BULK RATE

GLRR Summer Coaching Series. Wednesday nights starting at 6:15 P.M. at Cawley Memorial Stadium in Lowell. Contact Bill Mahoney at (508) 458-8047 for further information.

May 26

Bank of Vermont-Vermont City Marathon and Marathon Relay. Contact Ben Fudge at (508) 851-3272 or John Aegerter at (508) 667-4939 for more information.

May 26

Veteran's Memorial 5.5 Mile Road Race (Haverhill, MA). Contact Dave Muldowney at (508) 373-6045 for more information.

June 8 N.E.A.C. 10 Kilometer Championship (Winthrop, MA). Contact Dave Dunham at (603) 425-2011 for more information.

July 10

GLRR Two Mile Series begins. Contact John Sutherland (508) 851-6783 or Jay McCarthy (508) 957-4456 for further information.



Starting LINES

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